Teachers Orientation - Day 1

Resilience and Empathy: Essential Skills for Today's Teachers



On the 29th of May, the faculty members reunited at school with restored zeal and newer aspirations for the upcoming academic year.

Through an engaging and interactive session, Father Yesu Karunanidhi bolstered the importance of empathy

and resilience in the staff members. He emphasised how these "hardest of soft skills" have become the need of the hour, given the generation our students belong to — one that is technologically



upgrading every moment.

Through thorough discussions on



what empathy and resilience mean, how beneficial they are and how one can come to embody these values, the session uplifted the



staff, on professional as well as personal tangents.