

SACRED HEART GIRLS PU COLLEGE

IEEVAN BHIMA NAGAR

EDUCATION REPORT 2025 -2026

“Education is the foundation of all we do in life. It shapes who we are and what we aspire to be.” – Julie Payette. Education breeds confidence. Confidence breeds hope. Hope breeds peace. Education is the primary mission initiated by our Foundress, Servant of God Thatipathri Gnanamma in 1863. Sacred Heart Girls PU College takes pride in providing high-quality education that motivates and empowers students to be lifelong learners and productive members of society. Our college aims to help students discover their latent talents and to excel in all spheres of life.

- ❖ **Morning Prayer**: We begin the day by imploring God’s blessings upon us through Morning Prayer. Each class prepares creatively for its assembly with motivational talks on the theme.
- ❖ **Reopening Day**: Commit to the Lord whatever you do, and He will establish your plans. – Proverb 16:3. The college reopened for the II-year PU students on 19th May 2025. The day began with a short prayer service invoking blessings for a fruitful academic year ahead.
- ❖ **Warm Welcome to I Year Students**: A new journey begins with faith, focus, and a heart ready to learn. Students of I-year were welcomed to college on 2nd June 2025 with a meaningful prayer service. On that day, the II-year students staged a thoughtful play on Guru Dronacharya and Arjuna, highlighting the lessons of focus and determination.
- ❖ **World Environment Day**: On 5th June 2025, World Environment Day was celebrated with great enthusiasm. The event began with a prayer service, followed by insightful activities that highlighted the importance of protecting and preserving nature.
- ❖ **Visit by Education Coordinator**: Sr. Julie, the education coordinator, paid a visit to our college on 17th June 2025 and interacted with the staff members, sharing her insight on the mission of education, the values upheld by the congregation, and the importance of collaborative growth in academics. Her presence was both encouraging and inspiring for the faculty.
- ❖ **Orientation for Students**: Students of I and II years participated in the orientation programme on 19th June 2025. The resource person, Rev. Fr. Varghese Thomas VC, inspired students to approach the academic year with purpose, discipline, and a positive mindset.
- ❖ **International Yoga Day**: The College organized International Yoga Day on 21st June 2025. The session aimed to promote the students' physical, mental, and emotional well-being through yoga. Mr. Rohit Kumar Yadav, the resource person, guided the students through basic asanas and breathing techniques, which helped raise awareness about the importance of a healthy lifestyle and inner balance.
- ❖ **Freshers Day**: On 26th June 2025, the College organized Freshers Day for 1st year students under the title “Talent Expo”. The event served as a warm welcome and a platform for the new students to showcase their talents in music, dance, and other creative expressions. This programme created a joyful and inclusive atmosphere, helping students build confidence and connect with their peers.
- ❖ **Health and Wellness Programmes**: On 3rd July, a session on Mental Well-being was organized for our students. The session aimed to raise awareness about mental health and equip students with strategies to manage stress and emotions effectively.
- ❖ **Investiture Ceremony**: “Leadership is not about a title, but about impact and inspiration.” The Investiture Ceremony 2025 was held on 19th July 2025 at Sacred Heart Girls’ Pre-University College. The event was a celebration of leadership, responsibility, and commitment. Mr. Antony Felix, Principal of New Age High School, Bengaluru, graced the occasion as the Chief Guest and delivered an inspiring address on the importance of leading with integrity and purpose. Rev. Sr. Janet Sudha, our esteemed Principal, encouraged the newly appointed leaders to serve with humility, dedication, and compassion. The highlight of the event was the oath-taking ceremony, where the newly elected Student Council pledged to uphold the values of the institution and perform their duties with sincerity and commitment. The ceremony truly reflected the spirit of leadership and unity that defines the Sacred Heart community.

- ❖ **Teachers Orientation**: Rev. Sr. Julie, the education coordinator, organized an orientation programme for all the teaching staff of both schools and PUC at the province level at St. Anne's High School, Halasuru. It was a one-day programme conducted by Rev. Fr. Antony Sebastian, who shared valuable insights on education, values, and the role of teachers in shaping the young minds.
- ❖ **St. Anne's Feast**: On the 27th of July 2025, the feast of St. Anne, the patroness of the Sisters of St. Anne's Congregation, was celebrated with great reverence and joy. The celebration brought together all the Sacred Heart Institutions. The day began with a solemn Holy Mass held at the Sacred Heart College Auditorium, celebrated by Rev. Fr. Louis and Rev. Fr. Viju. Their meaningful homily reflected on the virtues of St. Anne and encouraged everyone to live lives rooted in faith, humility, and service. Staff and students participated in the Eucharistic celebration with deep devotion and gratitude. Following the Mass, the students of Sacred Heart High School presented a beautiful theatrical portrayal of the life of St. Anne. The play artistically depicted her steadfast faith and nurturing spirit, concluding with a symbolic act of "passing on the light" - from St. Anne, other saints, and Biblical figures to Mother Thatipatri Gnanamma and her followers, who went on to establish the congregation. This thoughtful presentation emphasized the continuity of faith, mission, and service across generations. Students from PUC led the choir for the Holy Eucharist under the guidance of Mr. Antony David. The celebration concluded with a fellowship lunch for the staff members, fostering a spirit of unity, gratitude, and togetherness. The entire event was a harmonious blend of spirituality, creativity, and community, truly reflecting the legacy and values of St. Anne's Congregation.
- ❖ **Quiz on Mother Gnanamma**: To mark the 150th sesquicentennial year of our Foundress, Thatipathri Gnanamma, a Quiz was conducted on 18th August on the life history of our Foundress for the catholic students in the presence of all the students. 16 students participated in the event, and it was a privilege to know about our foundress. Winners were awarded a medal imprinted Mother Gnanamma's Image, and all the participants received a college bag. The management distributed College bags for 90 deserving students of our college in honour of our mother. Support staff and Admin staff were also given college bags on that day.
- ❖ **Cultural Fest**: The much-awaited College Cultural Fest – Nakshatra 2025 was inaugurated on 29th August 2025 at the Sacred Heart College Auditorium. The event was graced by Mrs. Jeevitha, a renowned dancer, as the Chief Guest, and presided over by Rev. Sr. Janet Sudha, our beloved Principal. The ceremony began with the lighting of the lamp, followed by a prayer song, a welcome dance, and inspiring addresses by the Chief Guest and the Principal, who motivated students to embrace creativity and self-expression. The official declaration of the Cultural Fest opening marked the start of a week filled with excitement and talent. The week-long celebration showcased vibrant on-stage and off-stage events, highlighting the students' creativity, teamwork, and spirit. Nakshatra 2025 truly reflected a constellation of brilliance and unity within the Sacred Heart family.
- ❖ **Alumnae Meet**: The Alumnae Meet 2025 of Sacred Heart Girls PU College was held on 30th August 2025 at the college auditorium with the theme "Reconnecting Hearts, Rekindling Memories." Around 150 alumnae gathered to relive golden memories, reconnect with their alma mater, and strengthen the bond with fellow batchmates and teachers. The program began at 1:30 p.m. with a graceful Prayer Dance, followed by the Lighting of the Lamp. The gathering was honored by the presence of the Chief Guest, Rev. Sr. Anjali, and the event was presided over by our Principal, Rev. Sr. Janet Sudha. The Welcome Address, Staff Speech, and Reflection by alumnae beautifully set the tone of gratitude and nostalgia. A major highlight was the Election of the Alumnae Office Bearers. The following were elected:
President – Prof. Vijayalakshmi V. Lakshmi
Vice President – Mrs. Qurat
Secretary – Ms. Bitha Jacob
Joint Secretary – Mrs. Chris Allen
Treasurer – Mrs. Sri Devi
 The cultural segment included a Skit on Mother Gnanamma, entertainment dances by PU students, group activities, staff performances, and games that added vibrancy and joy. The programme concluded with a photo session and a Vote of Thanks, leaving everyone with cherished memories.

The Alumnae Meet 2025 was indeed a remarkable success, rekindling bonds of friendship and inspiring the alumnae to carry forward the legacy of Sacred Heart Girls PU College.

- ❖ **Teachers' Day:** Teachers' Day was celebrated on 4th September 2025. Students' council members, along with the principal, organized the programme in the auditorium. A meaningful prayer service was conducted, followed by an entertainment programme. Games are conducted for teaching and non-teaching staff. Winners were awarded prizes. A grand lunch was arranged in a hotel.
- ❖ **English Literary Fest:** The English Literary Fest was organized by the coordinators from 10th to 13th September. Many students participated in various activities, including Pick and Speak, Essay writing, and Page to Stage (a Skit from a Reader). Winners were awarded on 13th September, the valedictory day.
- ❖ **One-Day Trip:** A day trip was organized by the college to Wonderla on 19th September. It was time to enjoy and learn life's lessons. One of the unique experiences is Mission Interstellar. This is India's first flying theatre, which provides a unique space-themed adventure.
- ❖ **Zumba Session:** Alumni conducted this Zumba session, a fitness programme that blends high energy to create a fun, full-body workout, on 19th September. It improves cardiovascular health, boosting endurance, increasing stamina, providing stress relief, and enhancing flexibility. The first-ever alumnae event for students was held on 19th September 2025 in the college auditorium—a lively Zumba session led by expert trainers Mr. Kavin and Mr. Gautam, along with the active participation of the Alumnae Vice President, Ms. Qurat. From 11:00 a.m. to 12:00 noon, the auditorium was filled with energy, music, and enthusiasm as students participated wholeheartedly. The session encouraged fitness through fun, laughter, and dance, making it both refreshing and memorable. This initiative by the alumnae was well appreciated as it combined wellness with joy, setting a positive tone for many more such events in the future.
- ❖ **Tests & Exams:** The Tests and Exams were conducted to evaluate the performance of the students. PTM was conducted for all, and especially the slow learners were provided tips to excel in their studies.
- ❖ **Enacting the parable from the Holy Bible:** Students enact a parable from the Bible during assembly in the first week of every month to inculcate the basic values for life.
- ❖ **Outreach Programme:** The AICUF unit and Staff visited Guanella Preethi Nivas, where they celebrated World Differently Abled Day on 6th December 2025. Our students served as volunteers throughout the programme. Students generously raised funds and handed over the contribution of Rs. 25000 to the Superior and Director, Rev. Fr. Kulandaisamy, SDC.

Challenges Faced:

- **Academic:** We face difficulty during admission due to the many colleges in our vicinity. That is, Admission is a big challenge.
- **Student-related:** Broken families, single parents, undergo stress due to family problems and financial aspects.

14. Future Plans

- **Academic Goals for 2026-27:** Train the students to recognize their skills, achieve 100% results
- **Infrastructure Proposals for 2026-27:** Digital infrastructure to equip students with skills
- **New Initiatives for 2026-27:** Use the Smart Board to enhance teaching, plan to have an Instagram

Achievements:

- Jesica from II HEPS scored 579 marks in the II PUC Board Exam and achieved 17th Rank in Bangalore South. She brought laurels to our college. 37 students scored a distinction in the Board Exam. Congratulations, dear students, on your remarkable achievement. Your hard work, dedication, and determination make you the delight, exuberance, and treasure of this institution.
- Tanuja from II CEBA has participated in the All-India Karate Championship and won 1st place in the 16-year category. She received a 5-foot trophy, a cash award of Rs. 15000, and a UFC belt. She also participated in the tournament held in Bengaluru, Koramangala, an indoor stadium, on August 3rd, and bagged 1st place in the Normal category. We are proud to have such wonderful students in our institutions.

Conclusion: The great inspirer, Swami Vivekananda, says we are responsible for what we are, and whatever we wish ourselves to be, we have the power to make ourselves. Behind every high achiever is a story of hard work and countless study sessions. Let us be the authors of our success.

Prayer for the New Academic Year



Morning Assembly



World Environment Day





Visit by Education Coordinator



Orientation for I & II Years



International Yoga Day



Freshers Day



Investiture Ceremony



St. Anne's Novena





St. Anne's Feast



Quiz on Mother Gnanamma



Distribution of college bags to deserving students



Cultural Fest





Alumnae Meet





Teachers' Day





English Literary Fest



Wonderla Trip

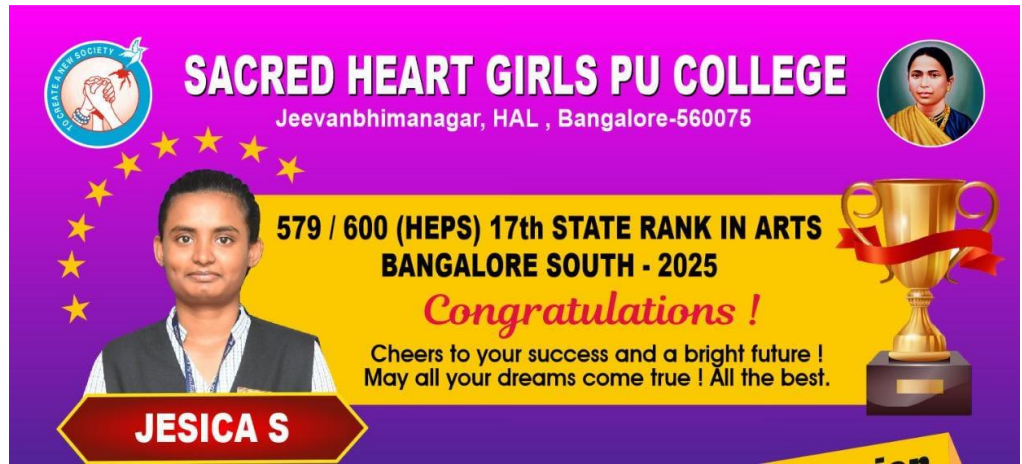


Enacting a parable



Achievements

- ❖ **Jesica – II HEPS achieved 17th Rank in Bangalore South in II PUC Board Exam**



- ❖ **Tanuja – II CEBA won 1st place in All India Karate Championship and received a trophy Of 5 feet and a cash award of Rs. 15000**

