REPORT OF SCHOOL ACTIVITIES OF ST. THERESA'S SCHOOL, BENDUR, MANGALORE

St. Theresa's School, situated at Lower Bendur, Mangaluru, is an esteemed educational institution managed by Bethany Educational Society (Regd.), Mangaluru, and affiliated with the ICSE Board. With a student strength of approximately 1,000, the school provides quality education from Nursery to Grade XI.

Committed to the holistic development of every child, the institution strives to create a nurturing and stimulating learning environment that promotes academic excellence, character formation, moral values, creativity, and social responsibility. Guided by the educational vision and mission of Bethany Educational Society, the school endeavours to empower students with the knowledge, skills, values, and confidence needed to face the challenges of an ever-changing world.

In pursuit of this vision, the school organizes a variety of curricular, co-curricular, and extracurricular activities that provide students with opportunities to discover their talents, develop their potential, cultivate leadership qualities, and grow into responsible and compassionate citizens.

The following is a brief overview of the various activities and initiatives organized by the school.

KINDERGARTEN

1. Growing Good Every Day – Good Habits

The kindergarten students enthusiastically participate in the "Growing Good Every Day" activity. Through fun activities, songs, and role-play, they learn the importance of good habit.





2. Little Gardener

As part of the "Growing Good Every Day" initiative, the kindergarten students enthusiastically participate in a Little Gardeners Activity.





3. Tear and Paste

A fun-filled Tear and Paste Activity was conducted for the kindergarten students.




4. Tiny hands, big creativity

The kindergarten children enthusiastically participated in a colorful Hand Printing Activity.




5. Foundation Day celebration

The kindergarten children joyfully celebrated the 106th Foundation Day of the Bethany Congregation.





6. Caterpillar Walk

The Caterpillar Walk Activity.





7. Little Engineers

The Block Building Competition, “Little Engineers”.







8. Independence Day celebration





9. Tiny Racers in action

The kindergarten children enthusiastically participated in the “Tiny Racers in Action – Bucket and Ball Game”





GRADES 1&2

1. **Leaf and Laugh Activity**

As part of the World Environment Day celebrations, students were introduced to medicinal plants and their uses in everyday life.





2. Jungle Mask Magic – Competition

Students participated in the Jungle Mask Magic competition by designing and decorating masks representing different animals.





3. Little Nature's King and Queen – Competition

Students participated in the Little Nature's King and Queen competition by dressing up as nature-inspired characters using creative costumes and accessories.





4. Hear It, Draw It, Show It! – Picturize a Story Competition





5. Palette of Survival – Colouring Competition



6. Let's Zumba!

Students participated in an energetic Zumba session involving music, dance movements, and simple exercise routines.




7. Nature on My Plate – Competition





8**. Dress and Sing for the Nation**





GRADES 3 to 5

1. Discover Your House Spirit

Students of Grades 3 to 5 enthusiastically participated in the “Discover Your House Spirit” activity





2. Sapling Sparkle – Herbal and Medicinal Plant Initiative

As part of the World Environment Day celebrations, students of Grades 3 to 5 participated in “Sapling Sparkle,” an initiative promoting environmental awareness.





3. International Yoga Day Celebration





4. Environment Day Assembly







5. All About Me – Collage Competition







6. Theresian Talent Show – Odyssey 2026









7. Annual Day – Whispers of Resilience





8. Independence Day Celebration







10. Teachers' Day Celebration









Std VI to X

Green Quiz to Promote Environmental Awareness







Inter-House Folk Dance Competition







3. House-wise Mock Parliament Competition

A House-wise Mock Parliament Competition was organized for Classes VI to X









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