



# St. Anne's Degree College for Women

Permanently Affiliated to Bengaluru City University

Recognized by UGC under Section 2(f),

Accredited with 'A' grade by NAAC

An ISO 9001:2015 Certified Institution

#23, Cambridge Road, Halasuru, Bangalore- 560008



## Activity Report-2025-26

### Indian Red Cross Youth Exchange Program

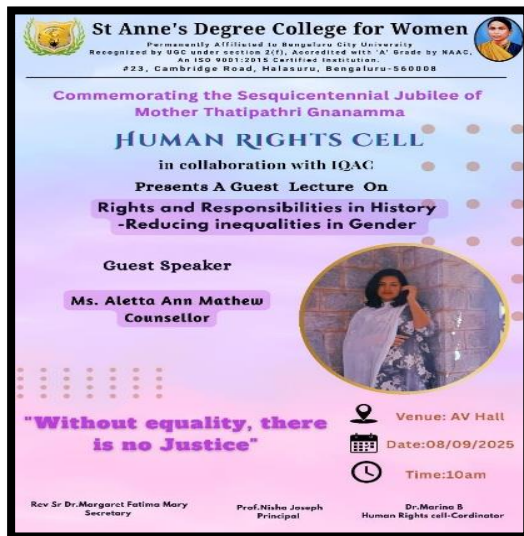
A group of students of St Anne's Degree College for Women on 30<sup>th</sup> August 2025 participated in the Youth Exchange Interaction Programme with a group of Sri Lankan students at held at the Indian Red Cross Society, the Karnataka State Branch, India. The program was organized to promote Youth Exchange, Youth Outreach and International Friendship between students of Sri Lanka and the youth Red Cross Volunteers of Karnataka.



### Guest Lecture-Human Rights Cell

On 8th September 2025, the Human Rights Cell and Counselling Cell jointly organized a guest lecture on *"Rights and Responsibilities in History – Reducing Inequalities in Gender"* by Ms. Aletta Ann Mathew, Counsellor. The session highlighted the importance of understanding human rights in a historical context, emphasized the role of responsibility in ensuring equality, and encouraged students to challenge stereotypes and work towards an

inclusive society. Ms. Mathew also shared practical insights on promoting gender sensitivity, reducing inequalities, and building mutual respect in everyday life.



## Walkathon for Eye Care Awareness

On 4th September 2025, the Health Club of our college, in collaboration with Dr. Agarwal Eye Hospital, organized a Walkathon to promote the importance of healthy living and wellness. Following the walk, students had the opportunity to visit Dr. Agarwal Eye Hospital, where they attended an expert talk by a medical specialist. The session focused on preventive eye care habits, highlighting practical steps to maintain good vision and prevent common eye problems. The interactive program not only raised awareness about eye health but also motivated students to adopt healthier lifestyle practices.



## B.Sc (Rehabilitation Science) Students Reach Out to Specially Abled Children

The students of B.Sc (Rehabilitation Science) visited *St. Joseph's Nivas Special School* on 16<sup>th</sup> September 2025, where they engaged the children in a series of interactive and meaningful activities including sensory bin activities, verbal moral affirmations, and cognitive puzzles. The session proved to be deeply enriching for both the students and the children, fostering empathy, creativity, and inclusive learning. The management of St. Joseph's Nivas appreciated the thoughtful efforts of our students in reaching out and making a positive impact in the lives of specially abled students.

